

**Supplementary Table S1.** Additional supporting quotations for family themes

| Theme  | Supporting Quotations   |
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| <b>Factors Contributing to Program Success</b> |   |
| Workers Make the Program                       | <p>“When home visitors came, it was more of a friendship” (Christen).</p> <p>“Like it’s more of like a nice support system to have especially when pregnant. And it’s not so formal. You can talk about anything or everything and it just goes and there is no judgment. It’s very nice to have someone like that” (Sammi).</p>  |
| Program Strengths and Successes                | <p>“I think it’s educational but in an interactive way. So, we are teaching ourselves while she is guiding us and we are learning from each other a lot more than when you go into a clinic setting and the doctor says ‘This is what is going to happen to you!’ We get more of a ‘This is going to happen to. You could see this happen. This might happen.’ It is more of a sharing group setting. It’s not just the worker teaching us. It’s more about us teaching each other” (Hailey).</p> |
| Culture Integration                            | <p>“I really like the integration with on-reserve and off-reserve partnership. It’s super</p>   |

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|  | <p>important so that we aren't secluding anyone who is off-reserve or on-reserve...to have clients on reserve to be able to attend KidsFirst North programming" (Shaylynn).</p>  |
| <p>Environment within the Program and Community</p>    | <p>"And it's not so formal. You can talk about anything or everything and it just goes and there is no judgment" (Sammi).</p>  |
| <p><b>Factors Contributing to Program Barriers</b></p> |  |
| <p>Program Gaps</p>                                    | <p>"We always talk about the positives of pregnancy and having your child and lots of times those are the people who come to those groups because they are in that positive mindset but then there are people who aren't having the best home life who don't feel like they want to come to ... and celebrate because they are not having best time and it is a big adjustment. And they might be experiencing domestic violence and stuff. So there needs to be that space for people who are struggling" (Hailey).</p> |
| <p>Gaps in the Community</p>                           | <p>"I have so many questions that are unanswered and I have to wait to get them answered by an OB because there is no OB</p>   |

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|   | <p>here and the OB comes up every three months and so by that time they come up again, I will already have my baby”<br/>(Hailey)</p>  |
| <b>Both a Factor of Program Success and Barrier</b> |   |
| Communication                                       | <p>“Facebook, I see it. So, most people must be seeing it. So, they advertise it really well and it’s kind of that reminder of ‘Oh yah, that’s happening this week!’ Oh cool, this is what they are talking about!” (Allyce).</p> |